



2024 - 2025 - Adult Sessions

Adult Coaching

DAY	CLASS	TIME	MEMBERS	NON MEMBERS
MONDAY	Cardio Tennis	19:30 - 20:30	£8.00	£10.00
TUESDAY	Intermediate	19:30 - 20:30	£8.00	£10.00
THURSDAY	Improvers / Beginners	19:00 - 20:00	£8.00	£10.00

Social Groups

DAY	CLASS	TIME	MEMBERS ONLY
WEDNESDAY	Social Tennis – Coach led	18:45 – 21:30	
SATURDAY	Social Tennis	14:00 – 17:00	
SUNDAY	Social Tennis	10:30 – 12:30	

If you need any further information regarding 1-2-1 coaching or the Junior program, please contact:

Darren Plank (Head Coach) on 07960 071478